



Press Release

FOR IMMEDIATE RELEASE

September 18, 2025

Canadian Menopause Society Hosts Landmark Scientific Meeting in Montreal with Global Leaders in Midlife Women's Health

Montreal, QC — September 18–20, 2025 — The Canadian Menopause Society (CMS) will host its 5th Biennial Scientific Meeting at the Omni Hotel in Montreal, convening more than 600 healthcare providers from across Canada and around the world to advance the standard of care for women in midlife and beyond.

This year's meeting will bring together an exceptional roster of international and Canadian experts, including:

- **Dr. Rossella Nappi, MD, PhD** – President of the International Menopause Society and Professor of Obstetrics and Gynecology, University of Pavia, Italy
- **Dr. Claudio Soares, MD, PhD, FRCPC** – President of The Menopause Society (USA) and Professor of Psychiatry, Queen's University
- **Dr. Wendy Wolfman, MD, FRCSC, FACOG** – Past President of the Canadian Menopause Society and Director of the Menopause and Premature Ovarian Insufficiency Clinic, Mount Sinai Hospital, Toronto and Treasurer of the International Menopause Society
- **Dr. Marla Shapiro, CM, MDCM, CCFP, FCFP, MHSc, FRCP(C), FRCPC** – Past President of The Menopause Society, Professor, University of Toronto, and Board of Trustees of the International Menopause Society

The program will feature cutting-edge research and interactive sessions on hormone therapy, non-hormonal innovations, premature ovarian insufficiency, sleep science, cancer survivorship, and lifestyle strategies for healthy aging.

“Menopausal women are the backbone of our society and nation. We care for ourselves, our families, our partners and make up half the workforce between ages 45–55 in Canada. Post-reproductive health has been ignored for too long. This meeting hopes to partner with Canadian and global healthcare participants in improving healthcare and knowledge for post-reproductive women,” says **Dr. Wendy Wolfman**, Past President of the Canadian Menopause Society.

“Menopause care is entering a new era in Canada,” says **Dr. Nese Yuksel, President of the Canadian Menopause Society and Co-Director of the Biennial Scientific Meeting**. “We are very excited about our program, which is designed to provide evidence-based updates in perimenopause and menopause, empowering healthcare providers to deliver the best care for women in midlife and beyond.”

Nous sommes ravis d’accueillir notre réunion scientifique biennale à Montréal en septembre 2025. Cet événement incontournable rassemblera des professionnels de la santé et des chercheurs de tout le pays, tous engagés à améliorer la santé des femmes. La conférence mettra en lumière les plus récentes avancées en matière de ménopause et offrira une plateforme unique pour partager des recherches novatrices, des stratégies pratiques et créer des collaborations enrichissantes, souligne **Dre Céline Bouchard, présidente élue de la Société Canadienne de Ménopause**.

“Midlife women deserve evidence-based, comprehensive, and compassionate menopause care,” adds **Dr. Shafeena Premji, MD, CCFP, FCFP, Professor in the Department of Family Medicine at the University of Calgary and Secretary/Board Member of the Canadian Menopause Society**. “This meeting creates an unparalleled opportunity for clinicians to learn, connect, and bring back strategies that will transform patient outcomes.”

“This is truly a historic moment for women’s health in Canada,” adds **Dr. Alison Shea, MD, PhD, FRCSC, Treasurer of the Canadian Menopause Society and Associate Professor in the Department of Obstetrics and Gynecology at McMaster University**. “We are honoured to welcome global leaders alongside our own Canadian experts to advance knowledge, reduce stigma, and strengthen the support we can offer women during one of the most important transitions of their lives.”

Event Highlights

- Keynotes & Panels from global leaders in menopause and midlife care
 - Presentations on practical clinical approaches to symptom management and long-term health
- Networking sessions that connect providers regionally for collaboration and referral building
- Exhibitor showcase featuring the latest in therapeutics, tools, and clinical resources

Event Details

What: Canadian Menopause Society Biennial Scientific Meeting

When: September 18–20, 2025

Where: Omni Hotel, Montreal, QC

Who: Physicians, nurse practitioners, pharmacists, allied health providers

Media Contact

Lini Qiao - Executive Assistant Canadian Menopause Society

Email: lini@sigmamenopause.com

Website: [www.canadianmenopausesociety.org]

About the Canadian Menopause Society

The Canadian Menopause Society is a national, multidisciplinary organization dedicated to advancing the knowledge, study, and expertise of healthcare professionals in midlife and aging women's health. Through education, research, and advocacy, CMS empowers providers to deliver optimal, evidence-based care to women across Canada.